i Feel

Nurturing minds, Saving lives

INTERNATIONAL FOUNDATION FOR
EDUCATION, EMPOWERMENT
& LEARNING



Bringing Quailty
HEALTHCARE
for all, free-of-charge
for the First Time in Rawalpindi & Islamabd

01

About Us

iFeel, a registered non-profit organization certified by Pakistan Centre of Philanthropy with tax exempt status, has been serving the under-served since 2007, through its health, education, food and financial assistance welfare initiatives. iFeel's network of 17 community schools across Rawalpindi-Islamabad along with its medical camps, orphan support programs and sponsored medical procedures, have, to-date, benefited tens of thousands of people during the last 18 years.

All this has been possible with the blessing of the Almighty and the continuous support of our donors within and outside Pakistan.

02

Our Vision for Health

To be amongst the country's premier healthcare systems delivering **excellence-driven free-of-charge healthcare services** to the masses without discrimination through a network of primary, secondary and tertiary care facilities.



03

Tertiary Care Hospital and Clinics

iFeel is establishing a **250-bedded tertiary hospital** at a prime location in Islamabad along with a network of **10 primary care clinics** across the twin-cities, where quality healthcare services will be provided to all on 100% free-of-charge basis.

Land for this project valuing over Rs. **3 billion** has already been donated and funds are now being raised for construction.

Establishing Rawalpindi-Islamabad's First-ever

100% free-of-charge Tertiary Hospital

04

Health Project Details and Timeline:

Our **immediate priority** is to **raise funds** for Phase 1 of the Project, which will comprise of a **Primary Health Facility.**

Estimated Construction Cost - Phase 1

#	AREA / FACILITY	Estimated Total Cost			Patients Benefiting (Per Annum per Unit)
		Unit Qty	Unit Cost (PKR)	Total Cost (PKR)	
A) PAEDIATRICS WING					
1	Family Medicine Clinics	4	5,000,000	20,000,000	10,560
2	Paediatric Clinics	2	5,000,000	10,000,000	10,560
3	Immunization & Vaccination Room	1	6,000,000	6,000,000	6,600
4	Ophthalmology Clinic	1	5,000,000	5,000,000	6,600
5	Paediatric Wing Treatment Room	1	10,000,000	10,000,000	1,320
6	Paediatric Wing Vitals Room	1	5,000,000	5,000,000	42,240
7	Paediatrics Waiting Hall (incl. Reception)	1	9,500,000	9,500,000	10,560
		Sub-Total		65,500,000	
B) MOTHER & CHILD HEALTH CARE WING					
1	Mother & Child Healthcare Clinics	3	5,000,000	15,000,000	10,560
2	Labor Delivery Rooms	3	7,500,000	22,500,000	2,376
3	Sick Baby Nursery (4 cots)	1	10,000,000	10,000,000	594
4	Well Baby Nursery (4 cots)	1	7,500,000	7,500,000	1,782
5	Observation Room (4 bedded)	1	10,000,000	10,000,000	2,376
6	MNCH Treatment Room	1	10,000,000	10,000,000	1,320
7	MNCH Vitals Rooms	1	5,000,000	5,000,000	31,680
8	MNCH Waiting Hall (incl. Reception)	1	7,500,000	7,500,000	10,560
		Sub-Total		87,500,000	
C) LABORATORY / PHLEBOTOMY					
1	Phlebotomy Room / Laboratory	1	10,000,000	10,000,000	36,960
		Sub-Total		10,000,000	

#	AREA / FACILITY	Estimated Total Cost			Patients Benefiting (Per Annum per Unit)
		Unit Qty	Unit Cost (PKR)	Total Cost (PKR)	
D) DIAGNOSTICS WING					
1	Ultrasound Rooms	2	-	-	-
2	X-Ray Room	1	-	-	1,584
3	Radiologist Room	1	4,000,000	4,000,000	1,584
4	Radiographer Room	1	2,500,000	2,500,000	1,584
5	Diagnostics Wing Reporting Room	1	2,500,000	2,500,000	1,584
6	Waiting Area (incl. Reception)	1	5,500,000	5,500,000	1,584
		Sub-Total		14,500,000	
E) INFECTION CONTROL					
1	Central Sterile Supply Room & Store	1	10,000,000	10,000,000	-
		Sub-Total		10,000,000	
F) ADMINISTRATIVE & SUPPORT FACILITIES					
1	Welfare Assessment Office	1	5,000,000	5,000,000	
2	Admin Office	1	6,000,000	6,000,000	
3	Prayer Room - Males	1	2,500,000	2,500,000	
4	Prayer Room - Females	1	2,500,000	2,500,000	
5	Cafeteria (with serving area)	1	5,000,000	5,000,000	
6	Children Play Area	1	2,500,000	2,500,000	
7	Waiting Corridors (150 patients seating)	1	16,000,000	16,000,000	
		Sub-Total		39,500,000	
TOTAL COST OF CONSTRUCTION – PHASE 1				**PKR 242,000,000/-**	

Phase 1	Phase 2	Phase 3
Clinical Wing, Mother & Child Health Facility and Diagnostic Center	Secondary Care Children Hospital 100-bedded	Tertiary Care Children Hospital 250-bedded

05

Join the Cause

iFEEL is a movement of the public, for the public, by the public. We strongly believe that the people of Rawalpindi-Islamabad, other cities and overseas Pakistanis, will wholeheartedly join our noble mission of providing quality education and healthcare to all, free-of-charge.



Certified by
Pakistan Center of Philanthropy

Exemption
u/s 2(36) by FBR

06

To Donate

Please deposit your donations in the following bank account of iFeel and share your deposit details at the undermentioned contact numbers.

Title:	**INTL FOUNDATION FOR EDU, EMPOWERMENT & LEARNING**
Bank:	**Meezan Bank Limited**
Branch:	**F-10 Markaz Islamabad**
Account #:	**03040101736462**
IBAN #:	**PK55MEZN0003040101736462**
Swift Code:	**MEZNPKKA**

To Donate From Outside Pakistan

Link: https://i-care-america.org/charity/ifeel-foundation/
Or simply scan the QR code.

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